

Appetizers & Side Orders

- Seaweed Salad 5.50
- Edamame 5.75
- Hiyayakko (Cold Tofu with Bonito Flakes) 5.75
- Renkon Kinpira (Lotus Root with Soy Sauce & Sesame Oil) 5.50
- Asparagus Duet (Asparagus, Cooked Prawns & Sweet Sesame Sauce) 7.50
- Miso Soup (Home Made Style) 2.50
- Seafood Miso (Salmon, Prawns, Scallops) 5.50
- Assorted Pickles 5.50
- 1/2 size Spicy Tuna Sashimi 16.00
- Extra Ginger 1.50
- Extra Spicy Sauce, spicy mayo, eel, gomaе sauce 1.50

Spicy Tuna Sashimi



Salads

- Tofu Salad 12.00
- Hot Tuna Salad 14.00
(Marinated baked Tuna on House Salad)
- Seafood Salad 18.00
(Salmon, Tuna Prawns Scallops)
- Green Salad 8.00
- Horenso Gomaе 5.75
(Spinach with Sesame Sauce)
- Sunomono Salad (Yam Noodles)
Choice of Ebi, Tako or Hokkigai 6.50
*Real Dungeoness Crab 10+

Seafood Salad

Ebi Sunomono



Donburi - Rice Bowls -

- Kaide Chirashi 31.00
(Exotic Assorted Seafood & Veggies on Sushi Rice)
- Chirashi 23.00
(Assorted Seafood with Veggies on Sushi Rice)
- Marinated Tuna Don 20.00
(Our House Specialty)
- Vegetable Chirashi 18.00
(Assorted Vegetables on Sushi Rice)
- Tekka Don 19.00
- Unagi Don 24.00
(BBQ Eel on Sushi Rice)
- Spicy Tuna Don SPICY 21.00
- Spicy Salmon Don 24.00

Chirashi



KAIDE SUSHI BAR

WE USE ONLY WILD SOCKEYE SALMON.
WILD ALBACORE TUNA.
FRESH FISH EVERYDAY.
ALL SAUCES AND INGREDIENT ARE
DONE BY US AND ONLY BY HAND.

Kaide Originals

- Tofino Spicy Tuna and Pickles Inside, Seared Tuna on Top 16.50
- Mako Wild Salmon, Avocado, Asparagus inside, Wild Salmon on Top 17.00
- Umé Wild Salmon, Sour Plum, Pickles, Avocado 9.50
- Special Inari Smoked Salmon, Ebi, Avocado inside Sweet Tofu Pockets 4.75

Drinks

- Green Tea 2.00
- Apple Juice 3.00
- Pop 3.00
(coke, ginger ale, coke zero)
- Ice Tea 3.00
- Bottled Water 2.50
- Pellegrino (mineral water) 3.00

Beer & Sake

- Kokanee 6.00
- Asahi (bottle) (sm) 7.00 (Lrg) 12.00
- Kirin (bottle) (sm) 7.00 (Lrg) 12.00
- Sapporo (bottle) (sm) 7.00 (Lrg) 12.00
- Warm Sake (Hakutsuru Junmai Sake) (sm) 9.00 (Lrg) 13.50
- Cold Draft Sake (Hakutsuru) (300ml) 20.00
- Premium Cold Sake (Hakutsuru, Kobe, Japan) (300ml) 25.00
- Black Asahi 9.50
- Tall Can Sapporo Beer 10.00

*MINIMUM CHARGE \$15 PER PERSON.

*18% GRATUITY FOR 5 OR MORE PEOPLE.



SUSHI BAR



With 25 years experience.

I personally invite you to try us.

We use only the freshest local ingredients we can get.

All our fish are prepared with care and in-house.

Experience our great taste and freshness.

Nigiri Sushi - Fresh Seafood on Perfect Seasoned Rice -

- Tamago, Ebi, Hokkigai 3.00 each
- Wild Tuna, Saba, Tako, Tobiko 3.00 - 4.00 each
- Smoked Salmon, Chopped Scallop, Hotate 3.50 - 4.50 each
- Wild Sockeye Salmon, Toro, Amaebi, Ikura, Tobiko & Egg 4.00 - 6.00 each

Special Imported (When Available)

Uni, Hamachi, Crab, Bluefin Tuna, Aji, Madai, Hirame,
Unagi, Katsuo, Butterfish
4.00 - 10.00 each (Market Price)



Sashimi - Slices of Bite sized Raw fish and Shellfish -

- | | Full | Half |
|--|-------|-------|
| • Assorted Sashimi (5 kinds of fish) | 25.00 | |
| • Wild Albacore Tuna | 20.00 | 14.50 |
| • Wild Sockeye Salmon | 24.00 | 17.50 |
| • Marinated Tuna (Kaide Original. Sweet Soy & Ground Sesame) | 21.00 | 15.00 |
| • Tuna Tataki (with Lemon Garlic Flavour) | 20.00 | |
| • Spicy Tuna (5 Seasonings with Avocado) SPICY | 22.00 | 16.00 |
| • Spicy Salmon SPICY | 25.00 | 18.50 |
| • Kaide Supreme Sashimi (6 kinds, Chefs Best) | 38.00 | |
| • Tuna & Salmon Sashimi (10 pcs) | 22.00 | 17.00 |

*Please ask for any favorites not listed

Hosomaki - Seaweed on the outside, rice inside -

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|---|--|
| • Salmon 7.50 | • Unagi (BBQ Eel) 7.50 |
| • Tuna 6.00 | • Unatama (BBQ Eel with Egg) 9.00 |
| • Negitoro 6.50 | • SLT (BBQ Salmon, Lettuce, Tomatoes) 8.00 |
| • Futomaki (Cooked Vegetables with Imitation Crabmeat & Eel) 9.50 | |



Premium Rolls - Seasoned Japanese rice & seaweed rolled with seasonal fresh fish & vegetables -

- | | Market Price |
|---|--------------|
| • Kaide California Wild Dungeness Carb (When Available) | |
| • California | 8.00 |
| • B.C. | 8.00 |
| • Kaide B.C (BBQ Salmon with Eel) | 9.50 |
| • Dynamite (Kaide Style) | 8.50 |
| • Diablo (Spicy Tuna with Cucumber) | 8.50 |
| • Manhattan (Salmon, Avocado, Cream cheese with Cucumber) | 9.50 |
| • Kaide (Ebi, Cream Cheese, Avocado, Cucumber, Tobiko, Smoked Salmon) | 9.50 |
| • West Coast (Salmon, Avocado, Cucumber, Tobiko) | 9.50 |



- Special Chop (Velvet Scallops with Mayo & Tobiko) 9.00
- Venus (Imitation Crabmeat with Avocado, Eel on the outside) 13.50
- Rising Sun (Soy bean wrap with Sockeye Salmon, Scallops, Ebi, Avocado, Asparagus & Tobiko. No Seaweed!!) 16.50
- Big Bang (Tuna, Sliced Lemon, Avocado and Crunch) 8.50
- Maple (Sweet BBQ Tuna, Avocado, Chives) 8.50
- The "501" (3 kinds of Fish, 3 kinds of Veggies & Egg) 12.00

Combinations - No substitution please -

- | | |
|--|--|
| • Kaide Assorted Sushi 32.00
9 Pieces of Chef's Best
Tekka 1/2Roll, Salmon 1/2Roll | • California Combo 22.00
California 1Roll Negitoro 1Roll
Tuna, Salmon, Ebi (1 pieces each) |
| • Assorted Sushi 24.00
Kappa 1/2Roll Tekka 1/2Roll
Tuna, Salmon, Ebi, Tako,
Chopped Scallop, Hokki,
Tobikio, Tamago (1 piece each) | • Roll Combo 21.00
"501 Roll"
California 1/2Roll
Manhattan 1/2Roll
13pieces |
| • Tuna & Salmon Combo 20.00
Tekka 1Roll Salmon 1Roll
Tuna & Salmon (2 pieces each) | • Vegetable Combo 19.00
Kaide Garden Roll 1Roll VEGGIE
Asparagus, Avocado, Shiitake,
Inari, Enoki, Oshinko Renkon (1 piece each) |



*TUESDAY TO FRIDAY 12:00~8:00PM
*SATURDAY 4:00~8:00PM

Vegetarian Menu



Sushi **VEGGIE**

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|---------------------------|----------------|
| • Shiitake Mushrooms 2.50 | • Inari 2.50 |
| • Enoki Mushrooms 2.50 | • Avocado 2.50 |
| • Asparagus 2.50 | |

Rolls **VEGGIE**

- | | |
|--|------------------|
| • Kappa 4.50 | • Avocado 6.50 |
| • Oshinko 4.50 | • Asparagus 4.50 |
| • Kanpyo 4.50 | |
| • Kaide Garden 8.00
(Cucumber, Avocado, Carrot, Red Pepper, Asparagus) | |
| • Vegetable Futomaki 8.00
(Cooked & Marinated Veggies, Cucumber, Asparagus) | |
| • Vegetable Tango 7.50
(Avocado, Cucumber, Lettuce, Lemon Slices, Crunch) | |